

BRAIN INJURY & MENTAL HEALTH



Brain injuries are often referred to as a "silent epidemic" because symptoms are not always immediately evident, and the general public has limited knowledge about the diagnosis. Brain injuries can cause an increased susceptibility to multi-occurring conditions, including mental health diagnosis.

MENTAL HEALTH DIAGNOSES ARE HIGHER IN INDIVIDUALS WITH BRAIN INJURY

Research indicates a 34-49% prevalence rate of mental health conditions in individuals with brain injury, compared to an 18% prevalence rate in the general population



CO-OCCURRING DIAGNOSIS

Prevalance Rate of Co-Occurring Brain Injury and Mental Health Diagnosis



WHAT CAN WE DO ABOUT IT?

TREATMENT PROFESSIONALS NEED TO BE AWARE OF A HISTORY OF BRAIN INJURY IN INDIVIDUALS

It is important to screen for brain injury upon intake and coordinate an effective treatment plan with a multi-disciplinary team of providers that have experience and knowledge about brain injury.



WE CAN HELP AT THE BRAIN INJURY ALLIANCE OF IOWA

At BIAIA, we can help locate providers, provide technical assistance for individuals you serve, connect individuals and families to Neuro Resource Facilitation, and much more!



The development of this publication was supported by Grant #90TBSG0018 from the Department of Health and Human Services (DHHS) Administration for Community Living, AOD Traumatic Brain Injury State Demonstration Grant Program. The contents are the sole responsibility of the authors and do not necessarily represent the official views of DHHS. Information contained in this flyer comes from "Psychiatric disorders and traumatic brain injury," Neuropsychiatric Disease and Treatment, 2008, pp.797-816.