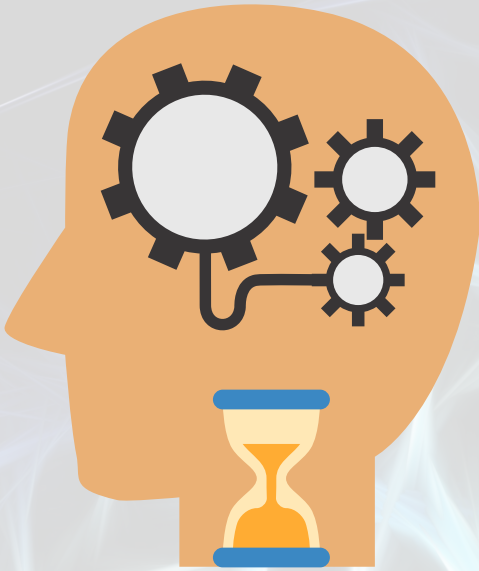


DELAYED PROCESSING



Delayed processing is the brain's decreased/slowed ability to process information you hear, see, or think about.

LOOK FOR:

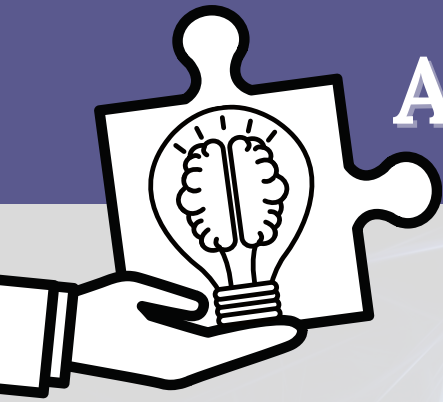


- Hard time focusing on conversations
- Difficulty following directions or forgetting steps
- Prone to distractions or "zone out"
- Often feeling tired/mentally foggy
- Viewed as unmotivated/slow moving
- Misunderstood as uncooperative, or resistant due to slow responsiveness



Brain Injury
Alliance

I O W A



ACCOMMODATIONS

- Ask for extra time in groups or classes
- Write down tasks step by step
- Ask for clarification if there is something you do not understand
- Physical activity supports brain function; make sure to add exercise to your day

**ADVOCATE FOR YOUR
NEEDS!**



CITATIONS

The development of this project was supported through the Brain Injury Services Program (BISP) of Iowa, through contract 5881BI06 with the Iowa Department of Public Health (IDPH). The contents are the sole responsibility of the authors and do not necessarily represent the official views of IDPH.

IDPH
IOWA Department
of PUBLIC HEALTH