

# ACCOMMODATING BRAIN INJURY

**Acquired brain injury:** An injury to the brain that is not hereditary, congenital, degenerative, induced by birth trauma or traumatic brain injury (TBI) caused by external physical forces to the head. Injuries result in a change in neuronal activity affecting physical integrity, the metabolic activity, or the functional ability of nerve cells in the brain.

## COMMON CHALLENGES:

- Mental Inflexibility
- Emotions
- Language
- Attention
- Memory
- Sleep
- Fatigue
- Organization
- Self-awareness
- Processing
- Impulsivity
- Physical/Sensorimotor





# ROWBOATS



**Reduce amount of information**

**One instruction at a time**

**Written & verbal when possible**

**Breaks are helpful**

**Often is better, routines help**

**Ask person for paraphrase/repeat**

**Take time, go slowly**

**Simple & organized info is best**

**Look for more information on individual symptom tip sheets!**



CITATIONS

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