



Brain Injury Alliance

I O W A

Brain Injury or Stroke?

It IS complicated and we can help!

Brain injury, concussion or stroke can happen to anyone, anywhere, at anytime. Brain injury is a result of damage to the brain, which can be caused by non-traumatic or traumatic events.

In Iowa, there are more than 95,000 Iowans living with disability from acquired brain injury. An estimated 17,000 traumatic brain injuries occur annually in Iowa.

Brain injury is often called a “silent epidemic” because many of the effects are invisible.

Major causes of brain injury include:

- Stroke
- Motor Vehicle Accidents
- Falls
- Physical Assaults
- Concussion
- Medical Conditions
- Anoxia (or lack of oxygen)
- And many others

Iowa Brain Injury Hotline
855-444-6443