



Brain Injury Alliance

I O W A

Brain Injury or Stroke?

It IS complicated and we can help!

Brain injury, concussion or stroke can happen to anyone, anywhere, at anytime. Brain injury is a result of damage to the brain, which can be caused by non-traumatic or traumatic events.

In Iowa, there are more than 95,000 Iowans living with disability from acquired brain injury. An estimated 17,000 traumatic brain injuries occur annually in Iowa.

Brain injury is often called a “silent epidemic” because many of the effects are invisible.

Major causes of brain injury include:

- Stroke
- Motor Vehicle Accidents
- Falls
- Physical Assaults
- Concussion
- Medical Conditions
- Anoxia (or lack of oxygen)
- And many others

Iowa Brain Injury Hotline
855-444-6443



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Our Services



Neuro-Resource Facilitation

A free service that helps people with brain injury find information about the services and support they may need.



Tote Bags

Includes information & resources on common physical, emotional, social, cognitive and family changes after brain injury.



Educational & Training Opportunities

Community trainings, online webinars, and annual conferences and events.



Case Consultations

Technical assistance for professionals on how to support individuals and families experiencing brain injury.



Support Groups

BIA-IA is affiliated with several support groups in communities throughout Iowa.



Advocacy

BIA-IA works to increase awareness of brain injury, develop support systems, and distribute information about brain injury.