

Are you a person living with epilepsy?

You may be eligible for a research study!



To participate, you must:

- be diagnosed with epilepsy
- be at least 18 years old
- have experienced a seizure or hospitalization or emergency room visit due to epilepsy in the past 6 months
- be willing to participate in internet or phone groups

How it works:

- 8 group sessions, 45-60 minutes held virtually over videoconferencing or phone, if no internet
- up to 10 participants per group
- led by nurse educators and peer educators
- goal is to improve epilepsy self-management skills
- follow-up for 12 months after group sessions
- compensation is provided

Interested?

- Iowa - Maegan Tyrrell at (319) 353-6550 or maegan-tyrrell@uiowa.edu
- Ohio - Kari Colón-Zimmermann at (216) 844-2102 or kmz24@case.edu



Managing Epilepsy
Well Network

