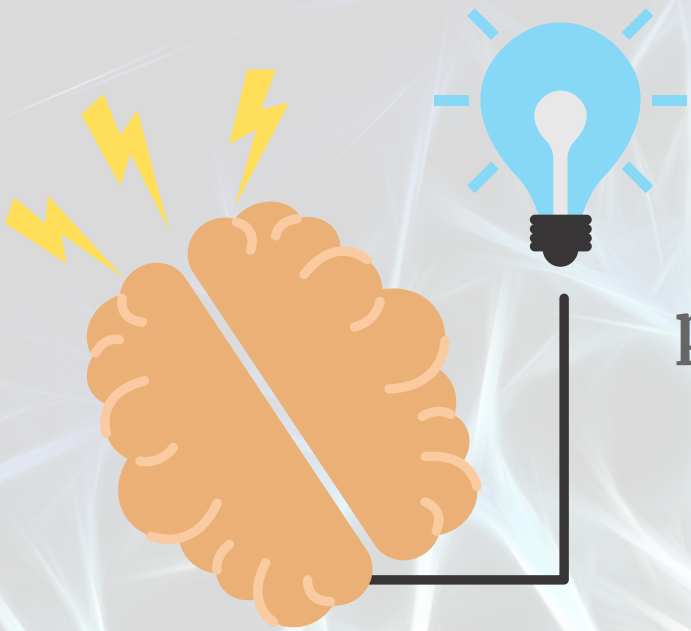


# PHYSICAL AND SENSORIMOTOR



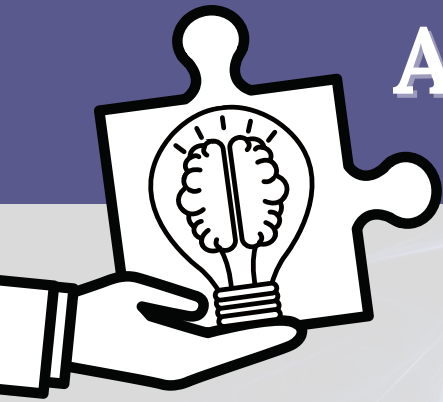
Physical and sensorimotor problems can include pain, blurred vision/poor depth perception, light sensitivity, and difficulty hearing.

## LOOK FOR:



- Dizziness, headaches, difficulty hearing, light/noise sensitivity
- Easily overwhelmed/irritable
- Lack of coordination/focus (*auditory, visual, cognitive*)
- Difficulty reading





# ACCOMMODATIONS FOR PROFESSIONALS

- Be receptive to symptoms/accommodations
- Flexibility with appointment schedule (*Consider telehealth options*)
- Be conscious of the lighting/environment:
  - *Avoid overhead lights, (especially fluorescent), close blinds, use floor or desk lamps, and suggest wearing sunglasses if necessary*
- Make large print format materials available
- Provide quiet workspace
- Offer flexible/up-front seating at larger meetings
- Watch for signs of agitation/allow frequent breaks
- Ensure that your meeting spaces are accessible for individuals with any degree of physical or sensory limitation.
- Suggest using symptom tracking journal to understand triggers



CITATIONS

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