

ACCOMMODATING BRAIN INJURY

Acquired brain injury: An injury to the brain that is not hereditary, congenital, degenerative, induced by birth trauma or traumatic brain injury (TBI) caused by external physical forces to the head. Injuries result in a change in neuronal activity affecting physical integrity, the metabolic activity, or the functional ability of nerve cells in the brain.

COMMON CHALLENGES:

- Mental Inflexibility
- Emotions
- Language
- Attention
- Memory
- Sleep
- Fatigue
- Organization
- Self-awareness
- Processing
- Impulsivity
- Physical/Sensorimotor





ROWBOATS



Reduce amount of information

One instruction at a time

Written & verbal when possible

Breaks are helpful

Often is better, routines help

Ask person for paraphrase/repeat

Take time, go slowly

Simple & organized info is best

**Look for more information on individual
symptom tip sheets!**



CITATIONS

The development of this project was supported through funding from the Iowa Department of Health and Human Services' (Iowa HHS) Brain Injury Services Program (BISP). The contents are the sole responsibility of the authors and do not necessarily represent the official views of Iowa HHS.
Version date August 2025