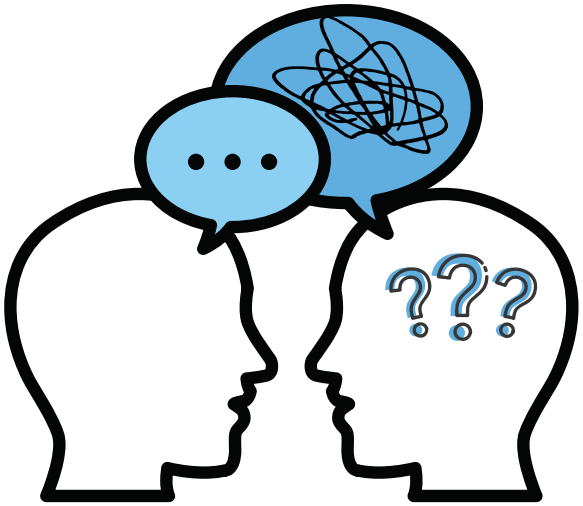
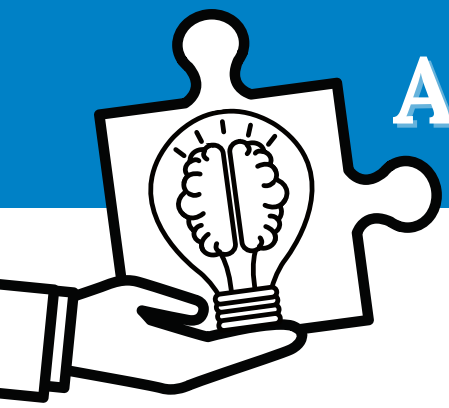
LANGUAGE



Language problems can result in difficulty expressing or understanding speech, both verbal or written.

LOOK FOR:

- Lacking verbal filter
- Dominate interactions with others
- Slurred production of words/slowed rate of speech/rapid nonstop talking
- Difficulty remembering the desired word when speaking or writing, following directions, or recalling what was said
- Lack of initiation or joining in conversation/social isolation



ACCOMMODATIONS

- **Don't be afraid to advocate for what you need (e.g., *ask people to speak slower, repeat what they said, or to rephrase their question in a different way)***
- **Write down important points or tasks or use a voice recorder *(option on cell phone)***
- **Try using paper notes or electronic devices *(e.g., cell phones, computers, tablets)* to communicate your ideas if it is hard to say things out loud**
- **Try reading aloud to yourself in a place with no distractions and use a bookmark or finger to focus on one line at a time to avoid losing your place**
- **Speech-language therapists can help with communication as well as many other needs**

CITATIONS

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