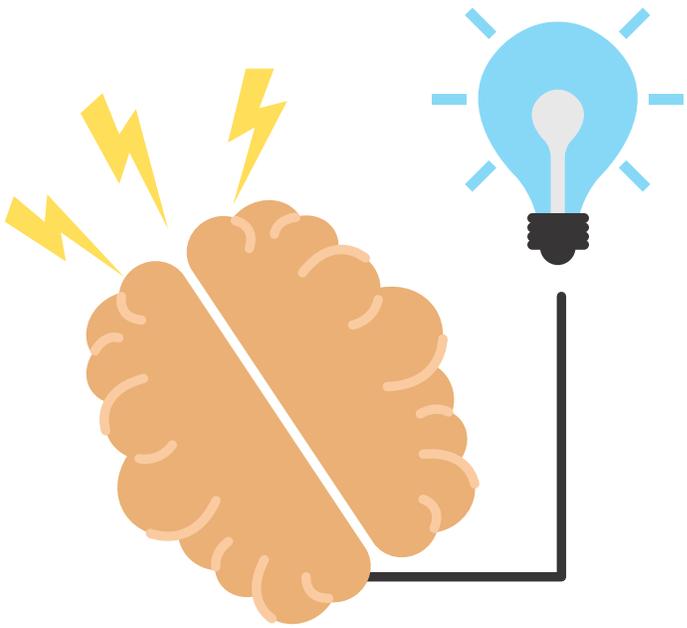


# PHYSICAL AND SENSORIMOTOR



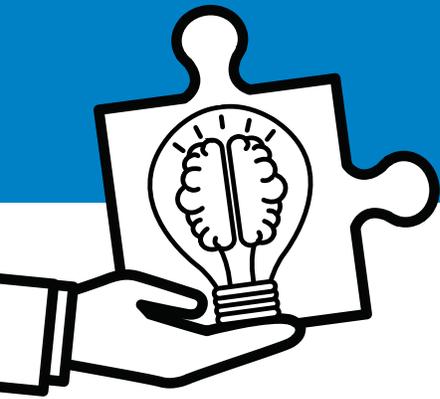
Physical and sensorimotor problems can include pain, blurred vision/poor depth perception, light sensitivity, and difficulty hearing.

## LOOK FOR:



- Dizziness, headaches, difficulty hearing, light/noise sensitivity
- Easily overwhelmed/irritable
- Lack of coordination/focus (*auditory, visual, cognitive*)
- Difficulty reading

# ACCOMMODATIONS FOR PROFESSIONALS



- Be receptive to symptoms/accommodations
- Flexibility with appointment schedule (*Consider telehealth options*)
- Be conscious of the lighting/environment:
  - *Avoid overhead lights, (especially fluorescent), close blinds, use floor or desk lamps, and suggest wearing sunglasses if necessary*
- Make large print format materials available
- Provide quiet workspace
- Offer flexible/up-front seating at larger meetings
- Watch for signs of agitation/allow frequent breaks
- Ensure that your meeting spaces are accessible for individuals with any degree of physical or sensory limitation.
- Suggest using symptom tracking journal to understand triggers



CITATIONS

The development of this project was supported through funding from the Iowa Department of Health and Human Services' (Iowa HHS) Brain Injury Services Program (BISP). The contents are the sole responsibility of the authors and do not necessarily represent the official views of Iowa HHS.  
Version date August 2025