

[Seats are Limited - Register Today for the Mind & Money Workshop!](#)



The Mind & Money workshops provide practical strategies for managing stress and emotions, staying organized, navigating communication after brain injury, understanding benefits and work options, and finding support in your community. The series is FREE and open to people living with brain injury, family members and caregivers, and professionals who support individuals with brain injury.

Workshops are available in:

Ames

Location: Ames Public Library, 515 Douglas Ave Ames, IA

Date: September 8 and 9, 2026

Time: 5:00 PM – 7:00 PM

Registration deadline: September 1, 2026

Boone

Location: Ericson Public Library, 702 Greene St. Boone, IA

Date: September 15 and 16, 2026

Time: 5:00 PM – 7:00 PM

Registration deadline: September 7, 2026

Newton

Location: Newton Public Library 100 N 3rd Ave Newton, IA

Date: September 22 and 23, 2026

Time: 5:00 PM – 7:00 PM

Registration deadline: September 15, 2026

Indianola: Our Indianola workshops have a new location, new dates, and new time. These workshops are in partnership with CFI and WeLift.

Location: The Lighthouse Community Center, 109 W Boston Ave, Indianola

Date: September 22, September 29, & October 6

Time: 4–5 PM

Registration deadline: September 15, 2026

[Register](#)

COMMUNICATING

About Brain Injury

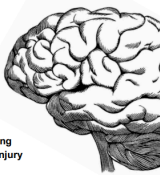
Anyone can have a brain injury at any time.

Some people recover quickly, while others experience lasting effects. Brain injuries don't just affect the person with the injury—they also impact family, friends, and caregivers.

Brain injuries can be complex. This makes them hard to understand for those affected, as well as for doctors, therapists, and researchers trying to provide care and support.

It's important that we communicate clearly and consistently about brain injury. The words we use matter. They can affect whether someone qualifies for services, how professionals plan treatment, and how people understand brain injuries. And, more important, it affects how persons with brain injury experience their injury. The words we choose also shape public attitudes and expectations about life after a brain injury.

To improve communication, we worked with healthcare providers, researchers, and people with brain injuries to create this guidance.



This joint statement was created by a group of brain injury advocates, individuals with lived experience, and professionals representing the following organizations:

- ACRM Brain Injury Interdisciplinary Special Interest Group (BIISIG)
- Brain Injury Association of America (BIAA)
- BIAA Brain Injury Advisory Council, a lived experience council of BIAA
- National Association of State Head Injury Administrators (NASHA)
- North American Brain Injury Society (NABIS)
- PINK Concussions
- The former US Brain Injury Alliance
- Department of Veterans Affairs TBI Model Systems
- TBI Model Systems

Brain injuries are complex and can be difficult to understand for individuals affected, as well as the professionals who support them. It is essential that communication about brain injury is clear and consistent. To improve communication, the Brain Injury Association of America worked with healthcare providers, researchers, and people with brain injuries to create guidance for communicating about brain injury. [Read the guide here.](#)

Speaker Applications Open for the 35th Annual Best Practices in Brain Injury Services Conference

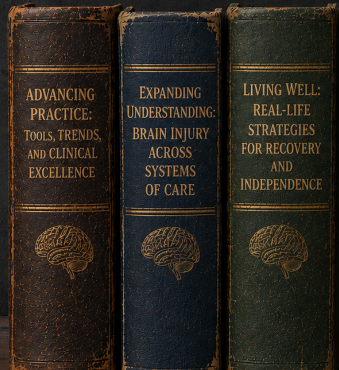


35th Annual Best Practices in Brain Injury Services Conference

STORIES THAT SHAPED US, STORIES THAT LEAD US FORWARD

March 25th and 26th, 2027
@ The Gateway in Ames, Iowa

(855) 444-6443 | INFO@BIAIA.ORG | WWW.BIAIA.ORG



We invite you to be part of the **35th Annual Best Practices in Brain Injury Services Conference!** Your story has the power to educate, inspire, spark meaningful conversations, and move the brain injury field forward.

The theme, **"Stories That Shaped Us, Stories That Lead Us Forward"** will focus on topics that may include:

- **"The Next Chapter"**: Presentations focused on new data, research, promising practices, and academic perspectives shaping the future of brain injury services
- **"Between The Lines"**: Presentations focused on evidence-informed tools and interventions for brain injury services
- **"The Practical Screenplay"**: Presentations focused on hands-on tools or teachable frameworks for immediate use in practice
- **"An Ensemble Cast"**: Presentations focused on interdisciplinary teamwork, partnership models, and cross-system collaboration
- **"Setting the Scene"**: Presentations focused on context - community, systems, cross disciplinary engagement, and social determinants of

- health
- **"Writers Workshop"**: Presentations focused on staff development
 - **"Stories That Stay With Us"**: Presentations focused on survivor and caregiver stories
 - **Other**

Submit your proposal today!

Fatigue After Stroke



Post-stroke fatigue is a very common yet misunderstood effect of stroke. Did you miss the latest Stroke Meetup on survivor stories, expert insights and practical strategies to manage energy and improve daily life? [Watch session recordings here.](#)

Support Groups



Our support groups are where individuals can connect, share experiences, and find encouragement. Together, we provide understanding, resources, and community to help one another navigate challenges and celebrate successes. Visit our [Support Group page](#) for more information.

Educational Topics Survey

What topics related to brain injury would you like to see in upcoming webinars hosted by the Brain Injury Association of Iowa? Your feedback is valued and appreciated! [Participate in the survey.](#)

Call for Webinar Proposals

The Brain Injury Association of Iowa is looking for presenters to deliver webinars on topics related to brain injury treatment, rehabilitation, recovery, and support. Presentations can target professionals or survivors and their loved ones. [Submit proposal](#)

Brain Injury Resource Facilitation



Brain Injury Resource Facilitators are available to serve Iowans, to answer questions and connect those with a brain injury to resources and information.

[Learn more about this program HERE.](#) Brain Injury Association of Iowa is one call away.



Our mission at the Brain Injury Association of Iowa is to create a better future through brain injury prevention, advocacy, education, research and support. Join us on our platforms to obtain the latest and most relevant information pertaining to brain injury.