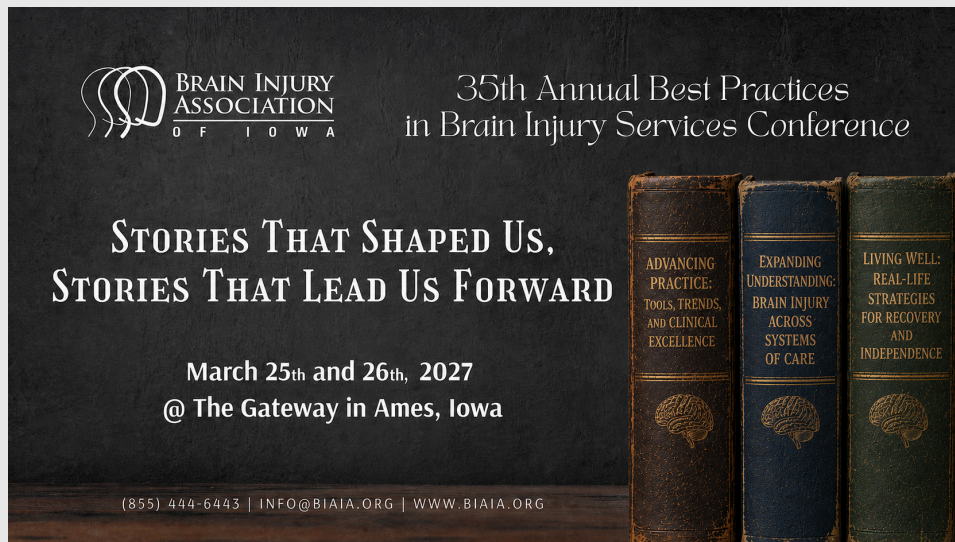

Save the Date for the 35th Annual Best Practices in Brain Injury
Services Conference



Join us from **March 25-26, 2027** in **Ames, Iowa** for the **35th Annual Best Practices in Brain Injury Services Conference!** This conference will highlight *"Stories That Shaped Us, Stories That Lead Us Forward"*.

Official registration opens soon so be sure to reserve the date on your calendar!

Interested in sharing your story and expertise in the brain injury field? Submit your session proposals by **November 15, 2026** for consideration by the Conference Planning Committee. Your voice can educate, inspire, and move our field forward.

[Submit Session Proposal](#)

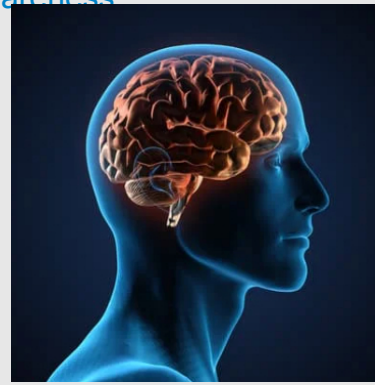
Fall Prevention Strategies for Older Adults

Did you know falls are the #1 cause of traumatic brain injury (TBI)? Protecting yourself and loved ones starts with prevention. Watch the ["6 Steps to Prevent a Fall"](#) video from the National Council on Aging to discover simple and effective ways to stay safe and steady.



Concussion Awareness

Every concussion is different, and symptoms can show up immediately after the injury, or can develop in the hours or days that follow. That's why it's so important to see a medical professional right away if you suspect a concussion.



Learn more about [concussion](#) and its [signs and symptoms](#).

Share Your TBI Story: Help Improve Disability Evaluations

Have you lived with lasting problems after a traumatic brain injury? Your experience may help improve how TBI disability is evaluated.

A project sponsored by the National Academies of Sciences, Engineering, and Medicine (NASEM) as part of work related to improving Social Security disability evaluation for TBI is looking for TBI survivors who may be interested in sharing their experiences with a national Social Security panel.

Learn more about the project here:

<https://www.nationalacademies.org/projects/HMD-HCS-25-12>

You may be a good fit if either:

- You were told you had a “mild TBI” or concussion, but you have continued to have serious or disabling symptoms for 12 months or longer; or
- You had a significant head injury with minimal or no Loss of Consciousness, but did not receive medical care at the time, and you have had ongoing or disabling symptoms for 12 months or longer.

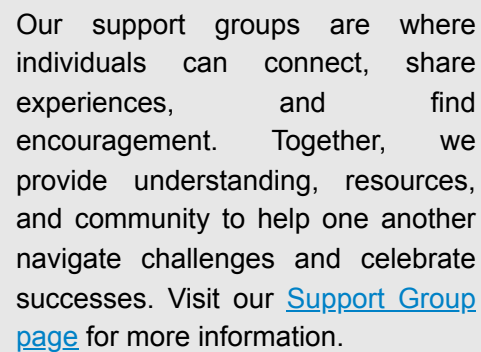
Interested in participating or want to learn more?

Please send an email to all: Dr. Spicer (CSpicer@nas.edu), Elizabeth (EFerre@nas.edu), Eliana (EPierotti@nas.edu), and Dr. Ignacio (Daniel.Ignacio@stjoe.org) via email by October 16th, 2026.

Your experience matters. Sharing what life is really like after TBI can help inform future approaches to evaluating TBI-related disability.

Don't Miss this Webinar: Supporting Children with Concussion

Use this link to register:
[https://us06web.zoom.us/webinar/register/WN__xQ-UKQvQWqlghDRkd88uQ#/registration](https://us06web.zoom.us/join/https://us06web.zoom.us/webinar/register/WN__xQ-UKQvQWqlghDRkd88uQ#/registration)



What topics related to brain injury would you like to see in upcoming webinars hosted by the Brain Injury Association of Iowa? Your feedback is valued and appreciated! [Participate in the survey.](#)

The Brain Injury Association of Iowa is looking for presenters to deliver webinars on topics related to brain injury treatment, rehabilitation, recovery, and support. Presentations can target professionals or survivors and their loved ones. [Submit proposal](#)

Brain Injury Resource Facilitation



Brain Injury Resource Facilitators are available to serve Iowans, to answer questions and connect those with a brain injury to resources and information.

[Learn more about this program HERE.](#) Brain Injury Association of Iowa is one call away.



Our mission at the Brain Injury Association of Iowa is to create a better future through brain injury prevention, advocacy, education, research and support. Join us on our platforms to obtain the latest and most relevant information pertaining to brain injury.